



🍂 Autumn: Term Two
**Kindness isn't
just for Christmas**

 Video

Kindness isn't just for Christmas

At this time of year, people reflect on the importance of kindness. We think that kindness is important to all people, at all times, so we wrote a song about it...





Discussion

Let's talk about the song and the video....

- How does the song make you feel, and why?
- How does the video make you feel, and why?
- How is this song and video different from *'No Such Thing as Normal'*?
- The video features people from different age groups and backgrounds. In what different ways were they getting involved in the fun?



Discussion

Let's talk about what the song means....

- Why do you think there's a "magic in the air" during the festive season?
- How does the festive season make you feel?
- Why do you think the festive season might be harder for some people than others?
- How do you think we could make it easier for those that find it hard?
- What do you think the "gift that keeps on giving" is?
- What does it mean to "search for the Santa inside"?



 Video

Amy stars in the music video, lets hear her story...





Discussion

Let's talk about the video....

- Why do you think Dave, Lumi and the house staff feel like family to Amy?
- Amy describes seeing some of her friends being ignored and being “put in a corner”. Why do you think this might happen and how do you think that makes her friends feel?
- How does it feel to both give and receive kindness?
- Why might it be hard to be kind sometimes?



Discussion

Let's talk about the video....

- Can you think of acts of kindness that you've experienced in school / at home / on TV / in books?
- What gifts of kindness might you give to people throughout the year?



Creative Challenge:

Can you create one of the following?

A **"Classroom Calendar of Kindness"** with acts of kindness planned throughout the term/year.

A **"Kindness Card"** for someone in your class, family or community, designed to make them smile and feel appreciated.

A recipe for a **"Kindness Cake"** - a sprinkle of respect, a spoonful of smiles, and a dollop of pride...





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